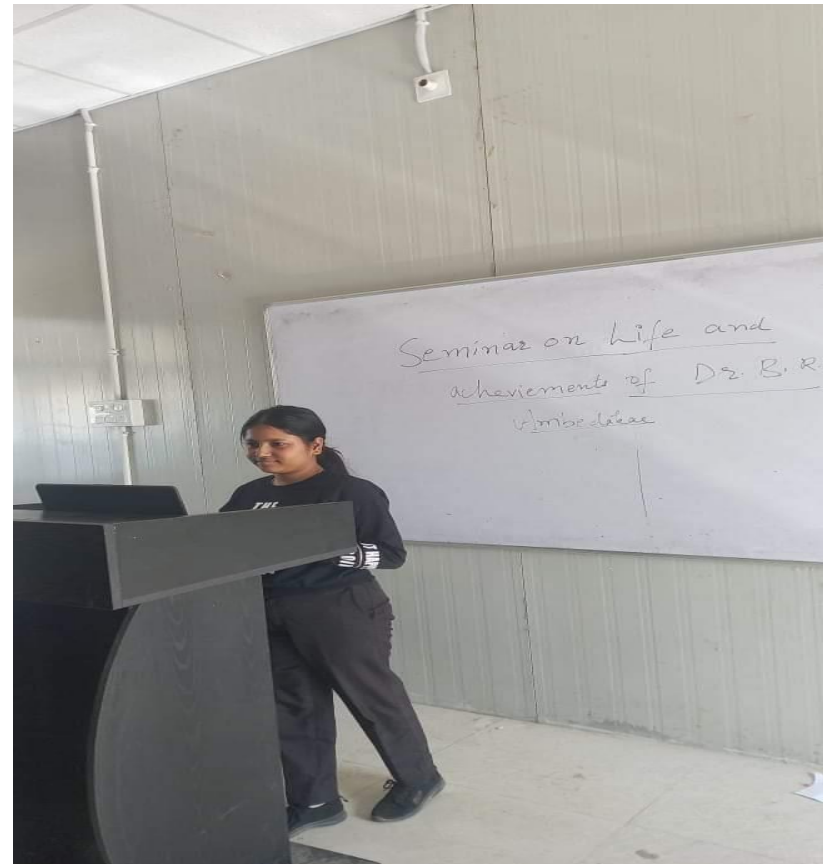


# ACTIVITIES FOR THE MONTH OF NOVEMBER 2023

GCW Bhagwati Nagar celebrated constitution day on the theme “My Constitution My Pride” on 17<sup>th</sup> of November



GCW Bhagwati Nagar organised an awareness programme on 'Menstrual Hygiene and HIV AIDS' on 24<sup>th</sup> of November



GCW Bhagwati Nagar organised lectures on 'Meri Kahani, Meri Zindagi' on 24<sup>th</sup> of November

## GCW Bhagwati Nagar organizes lecture

■ JL NEWS SERVICE

**JAMMU, Nov 24:** Department of Punjabi, Government College for Women Bhagwati Nagar organized a lecture by students under Meri Kahani, Meri Zubani on 24th of November 2023. The program was organized by Prof. Parwinder Kaur, Department of Punjabi under the patronage of worthy Principal of the college Dr. Meeru Abrol.

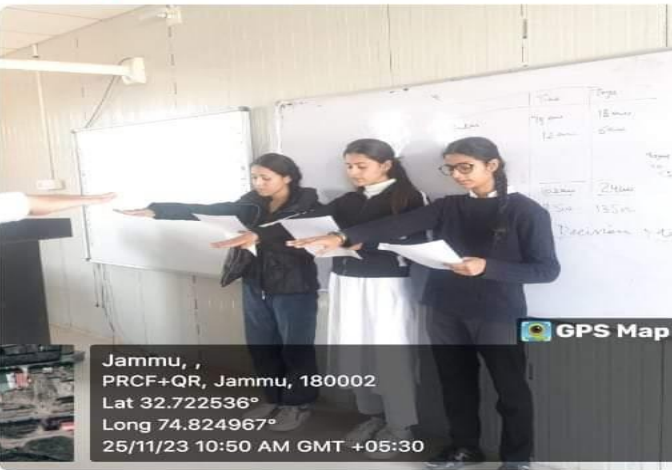
Dr. Meeru Abrol, the college's Principal, impassioned students to chase excellence and infuse creativity into their endeavors for envisioned progress. Her poignant message resonated with the essence of resilience: embracing life's challenges not as stumbling blocks but as stepping stones for growth. She underscored the transformative power within obstacles, urging students to glean wisdom, fortitude, and self-improvement from adversities. Abrol's counsel highlighted the ethos of perseverance, inspiring a mindset where difficulties aren't roadblocks but opportunities for personal evolution. Her words echoed the belief that amidst life's trials, lies the canvas to paint one's journey towards becoming a stronger, more accomplished individual.

During this event, Ananya Jamwal, a third-semester student, delivered a compelling presentation spotlighting the remarkable achievements of Sheetal Devi, a resident of J&K State, in the realm of sports.

Sheetal Devi, a para-archer without arms, exhibited extraordinary prowess, clinching a silver medal in Women's compound bow at the 2022 Asian Para Games. Her feats continued with two gold medals in mixed doubles and Women's individual categories at the Para Asian Games 2023. Ananya's address celebrated not only Sheetal's triumphs but also her indomitable spirit, serving as an inspiration to surmount adversities and excel against all odds in the world of sports.

During the event, Ananya Jamwal, a student in her third semester, presented a powerful narrative highlighting the remarkable achievements of Sheetal Devi, representing the spirit and resilience of Jammu and Kashmir in the sporting arena. Sheetal, an extraordinary para-archer, defied all odds despite having no arms. Her prowess and determination shone brightly as she secured a silver medal in the Women's compound bow category at the 2022 Asian Para Games. Even more awe-inspiring were her victories at the Para Asian Games 2023, where she emerged triumphant with two gold medals in mixed doubles and Women's individual events. Sheetal Devi's unparalleled courage and excellence exemplify the indomitable human spirit, inspiring countless individuals and standing as a testament to the power of determination and dedication in sports.

# GCW Bhagwati Nagar celebrated constitution day on 25<sup>th</sup> of November



Jammu, ,  
PRCF+QR, Jammu, 180002  
Lat 32.722536°  
Long 74.824967°  
25/11/23 10:50 AM GMT +05:30

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Long 74.824967°  
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Students attended Global Bio-India Road Show in IIM Jammu on 25<sup>th</sup> of November

